# HEAT TRANSFER AND INSULATION

## **Key Concepts**

- Heat transfers through conduction, convection, and radiation.
- Insulation reduces heat transfer.



## **Key Facts to Remember**

- Conduction occurs in solids when particles vibrate and pass energy to neighbors.
- Metals are good conductors; materials like wood and plastic are insulators.
- Convection occurs in fluids (liquids and gases) when warmer areas rise and cooler areas sink.
- Radiation transfers heat as infrared waves and does not require a medium.
- Dark, matte surfaces absorb and emit heat well, while shiny surfaces reflect it.
- Insulators like foam and wool trap air, reducing heat transfer.
- Heat always flows from hot to cold objects.
- The effectiveness of insulation is measured by its thermal conductivity; lower is better.

#### **Quick Questions**

- 1. Name the three types of heat transfer.
- 2. How does conduction occur?
- 3. What materials are good conductors?
- 4. What happens during convection?
- 5. Can radiation occur in a vacuum?
- 6. Which surfaces absorb heat best?
- 7. Why are insulators effective?
- 8. In what direction does heat flow?

#### **Fun Fact**

Penguins huddle together to reduce heat loss, creating their own insulating "heat bubble"!

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